

change your
mindset
and the results will
follow

From Emmanuel's Desk

Confidence & Commitment

Now that you've established your goals and mapped out a route towards achieving them, the roadmap featured in our September edition provides help and guidance for your journey.

I encourage you to develop confidence in yourself and your ability to achieve the objectives outlined in your plan. Trust in your capacity to succeed, as well as in the instructions and cautions provided by the roadmap.

Your commitment is proof of your belief in yourself, your plan, and the achievement of your goals. As Henry Ford wisely stated, "Whether you think you can, or you think you can't, you're right."

Maintain a positive outlook regarding your goals and see yourself achieving them. Believe in yourself and have faith in your plan, as this will drive your commitment, empowering you to defy all odds. Avoid excuses and focus on executing your plans—keeping your schedule and following the instructions and guidelines given.

You can do it, yes you can!



Tips for writing your Personal Statement

Your UCAS personal statement is your chance to shine beyond your grades. Here is some advice from Neha:

Start strong

Start with a personal and memorable statement but avoid clichés and focus on what motivated you to apply for this course.

Motivational Moments

“Commitment is what transforms a promise into reality. It is the words that speak boldly of your intentions. And the actions which speak louder than the words”

Abraham Lincoln

Remember quality over quantity

Reflect on relevant experiences – eg. with work experience, volunteering, extracurricular activities – make sure to reflect on the experience, challenges, learning and what you've got out of it (e.g. communication, empathy, problem-solving, and leadership) rather than just listing all the things you've done – prioritise quality over quantity.

Sell yourself

For courses such as medicine, communicate how you've demonstrated commitment and made an effort to gain insight eg. long-term volunteering, experiences, wider reading. You can mention your aspirations and how you see yourself contributing to the field.



Know your limits

Briefly mention any academic strengths but no need to mention grades or anything that will already be on your UCAS application.

Be clear and direct

Be concise and use clear, simple language with a professional tone.

Check once and check it again

Make sure to proofread and have mentors review your statement.

OCTOBER 2024						
SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Dates to remember for UCAS applications

15 October - Deadline for applications to Oxford and Cambridge, and most courses in medicine, dentistry, and veterinary medicine/science.

29 January - Deadline for all other equal consideration applications.

Announcement



New Resource

Download your **Goals & Home Study Timetable** from:
www.hheducationalservices.co.uk/tutoring

KNOWLEDGE ZONE

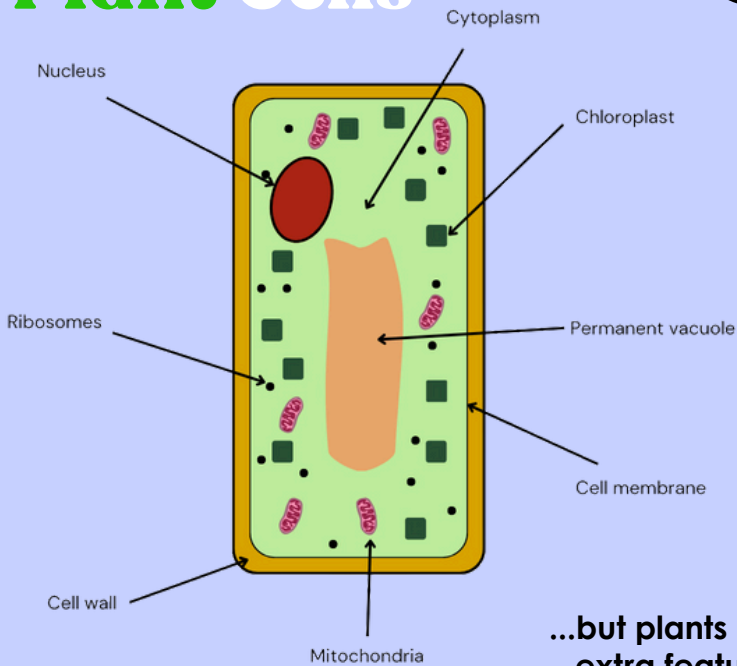
Cells

Here we bring you highlights of important **Key Stage 3 and GCSE topics** to refresh your memory and boost your understanding.

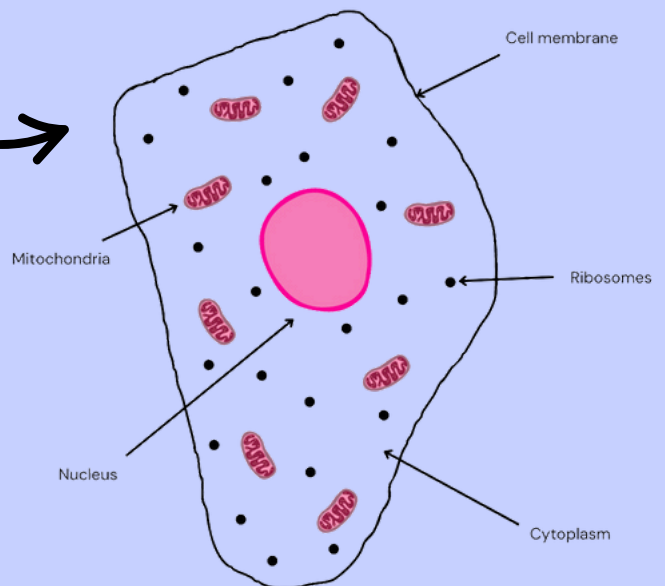
Organisms consist of cells, with most being multicellular and having specialised cells designed for specific functions.

Animal and plant cells are **eukaryotic** cells, and have similar features

Plant Cells



Animal Cells



Only in plants

Cell wall: made from cellulose fibres which **strengthens** and support the cell.

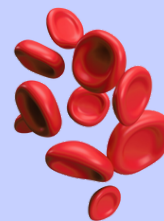
Chloroplast: contains chlorophyll, which **absorbs light** for the process of photosynthesis.

Permanent vacuole: fluid filled sac containing cell sap which **supports** the cell.

...but plants have extra features



Example of a Specialised cell



Red blood cell

Its function is to transport oxygen

Contains **haemoglobin** which carries oxygen.

Cell has **no nucleus** to allow more space to carry oxygen.

Flat disc shape to give a large surface area to absorb more oxygen.

Our Vision

To create a virtual learning environment that fosters growth, confidence, and success as we challenge, motivate and help our students to achieve their set objectives.

Our Mission

To provide a comprehensive range of products and services designed to support both students and tutors in their educational journey.

Our Core Values

- ★ Excellence
- ★ Integrity
- ★ Responsibility
- ★ Critical & Creative thinking
- ★ Collaboration



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