

# High Flyer Newsletter

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[www.hheducationalservices.co.uk](http://www.hheducationalservices.co.uk)



Thank  
you

## *From Emmanuel's Desk*

### **Attitude of Gratitude**

It was not too long ago that the journey of 2024 began; at that time, the end seemed far off, and the road ahead was filled with unknowns and uncertainties. Alas, we are now approaching the end of the year, a significant milestone. We have in the same vein reached a milestone in our academic pursuits – you have taken tests, completed assessments, navigated mock exams, crafted personal statements, submitted UCAS forms and are about to finish a term, which has undoubtedly been eventful. This moment calls for celebration, with an attitude of gratitude as we usher in this yuletide season of celebration and appreciation.

We now need to look back and say thank you to everyone who has accompanied us on this journey. Let us be grateful for everything, everyone and for life itself. It is important to develop this attitude, not just for now but to make it a lifestyle, seeking reasons to be thankful in everything, no matter what. This attitude will energise us, giving us enthusiasm and creating a positive atmosphere around us which is essential for productivity.

We at Higher Heights, want to say a massive thank you for allowing us to be part of your academic journey. We genuinely appreciate you.

Compliments of the season!

1. For this new day

2. For the daylight, the sun, the moon, the air that we breathe and all the natural elements that make the day

3. Activities that help develop new skills and interests.

# Today I am

17. For all my friends

4. Being able to overcome challenges.

# grateful for

5. For the animals, plants and all creatures that make our world liveable

6. That I am alive and well

13. For everything and everyone around me

7. That I am in my right mind

8. For food to eat and the ability to eat

14. For the opportunities that abound around me today

9. For my education

15. For clothes on my back

10. Having people around who guide and inspire me.

16. For the roof over my head

11. For my parents, siblings and family members

12. For my school and teacher

**Motivational Moments**

*"Gratitude is not only the greatest of all virtues, but the parent of all others."*

*Cicero*

## Be thankful in all seasons

As the year draws to a close, it's the perfect time to celebrate how far you've come. Every journey has its ups and downs, and your educational journey is no different. Each step, whether a success or a challenge, has contributed to your growth.

Take a moment to think about all that you've achieved this past year. It could be mastering a challenging topic, improving your grades, or even learning to manage your time better. No achievement is too small to acknowledge because each one brings you closer to your goals. Remember, progress isn't always a straight line. It's natural to face setbacks or moments of doubt. What truly matters is how you respond and the lessons you carry forward. Every effort you've made, every challenge you've tackled, has built resilience and strength.

As you look ahead, keep in mind that success isn't just about the destination — it's about the journey. Stay focused on what you're working towards, but don't forget to appreciate where you are right now. Growth takes time, and every step you take in the right direction brings you closer to your destination.

We're proud of the hard work and determination you've shown this year. Keep setting goals, embracing challenges, and believing in yourself. The future is bright, and your efforts today are paving the way for the successes of tomorrow.

**Here's to celebrating your progress, and stepping into the new year with hope and determination!**



# Announcement

Coming Soon

## HH Marketplace

We understand the importance of having the right tools to support your academic journey. HH Marketplace is the place to check out a range of high-quality educational resources designed to enhance learning and help students excel. Stay tuned for more information.



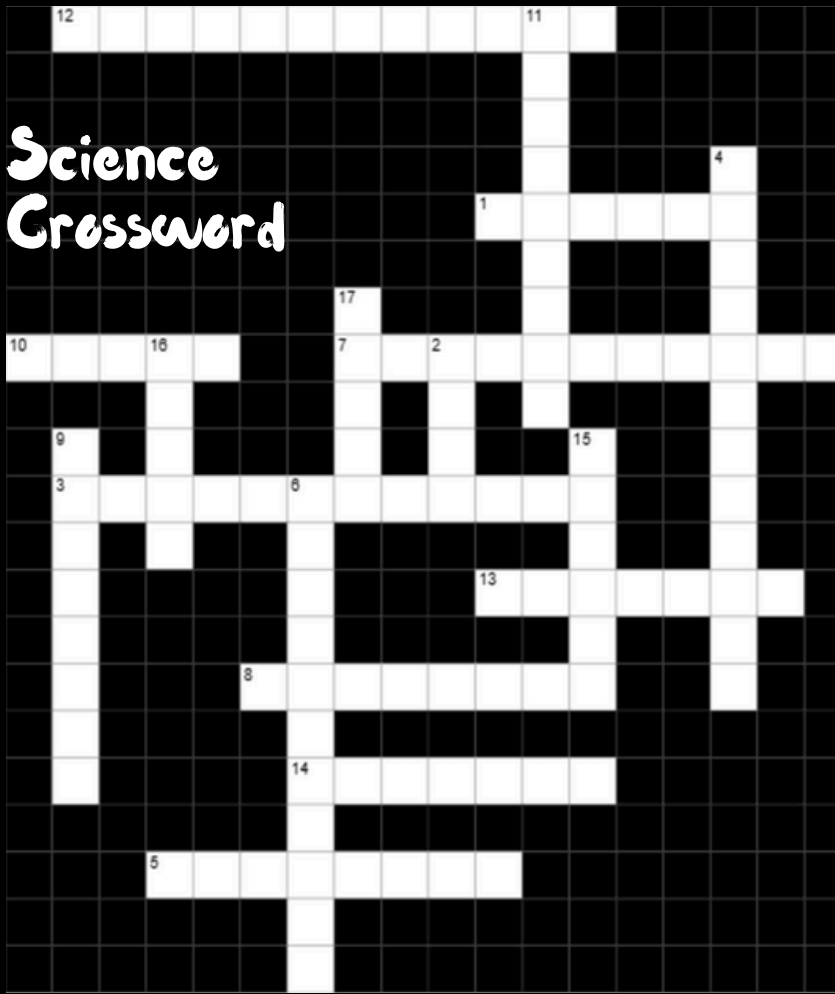
## KNOWLEDGE ZONE



### ANSWERS FROM OUR LAST EDITION

WHICH WORD DIDN'T APPEAR IN OUR WORDSEARCH - LIPID  
THE ANSWER TO WHAT AM I? IS CARBON DIOXIDE

## Science Crossword



### Down

- 2. The smallest unit of an element (4)
- 4. The variety of different species, genetic diversity, and ecosystems within an area (12)
- 6. One of the 3 organelles found only in plant cells (11)
- 9. The time taken for the activity of a radioactive substance to halve (4,4)
- 11. A material that does not allow electricity to flow (9)
- 15. The part of the atom with a positive charge (6)
- 16. The type of reaction where oxidation and reduction occur simultaneously (5)
- 17. The pH value of a neutral solution at 25°C (5)

- 1. Sodium, potassium, rubidium are \_\_\_\_\_ metals (6)
- 3. The number of protons in the nucleus of an atom (6,6)
- 5. A group of substances that speeds up a chemical reaction without being consumed (8)
- 7. The process of liquid turning into gas (11)
- 8. A force that opposes motion (8)
- 10. The main organ of the circulatory system (5)
- 12. The powerhouse of the cell (12)
- 13. Cell division for growth and repair of damaged tissue (7)
- 14. Circular DNA that transfers genes between bacteria (7)

Answers in the next edition

Across

## Our Vision

To create a virtual learning environment that fosters growth, confidence, and success as we challenge, motivate and help our students to achieve their set objectives.

## Our Mission

To provide a comprehensive range of products and services designed to support both students and tutors in their educational journey.

## Our Core Values

- ★ Excellence
- ★ Integrity
- ★ Responsibility
- ★ Critical & Creative thinking
- ★ Collaboration

# Our year in covers.... High Flyer 2024



Thank you for  
your support!

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Challenge • Motivate • Achieve